

## ABOUT CONNIE MERRITT

A seasoned professional with over 25 years experience of speaking nationally with leading companies, organizations and associations in the consumer sales, service and healthcare industries, Connie Merritt, BSN, RN, PHN, is a compelling storyteller and award-winning author with an established reputation of connecting with audiences in a humorous and energetic manner to help move them to action.

A business owner and registered nurse with a passion for research, writing and communicating to professionals, Connie understands people, processes and the dynamic influences of today's diverse, hi-tech, multi-generational, mobile world – at our doorstep, today.

Connie has a gift for providing essential content with step-by-step tactical teachings to help people breakthrough to “next” – while motivating them by spinning unforgettable tales.

In her latest book released from McGraw-Hill, *Too Busy For Your Own Good*, she has helped millions of people and organizations make vital adjustments to manage change and maintain focus in a world demanding multiple decisions and responses to lists of requests – especially during these opportunistic and changing times.

These are her central points in a series of presentations – *tailored individually and specifically to general business, healthcare and women industries* – that provide breakthroughs with practical tools to build and strengthen quality characteristics – and skills in:

- Stress and Success Management
- Leadership
- Team Building
- Communications
- Time Management
- Increased Productivity
- Balanced Living for Greater Accomplishment

Media including – *USA Today, Fox Business, Entrepreneur Magazine, Ladies Home Journal, Advance for Nurses* – as well as nationally syndicated radio and television programs – call upon Connie to share her expertise.



*“She utilizes these understandings to unlock her audiences to maximize their potential.”*  
*John Baird, Pres/CEO Morning Star Group*

More ABOUT CONNIE MERRITT: [www.conniemerritt.com](http://www.conniemerritt.com)